



### **Position Title: Physiotherapist I (Full-time) (Ref: FTI/CTF\_HLL)**

**Join our dynamic team dedicated to community health and well-being! We are seeking a passionate Physiotherapist to lead the development of our community pain management service, integrating innovative approaches such as social prescribing to empower individuals toward holistic health.**

#### **Brief Description of Health In Action:**

Health In Action (HIA) is a non-profit and registered charitable organization founded in 2011. Guided by our vision of health for everyone, we work to build a healthier and more equitable society. Our transdisciplinary team, comprising nurses, physiotherapists, pharmacists, dietitians, nutritionists, social workers, public health practitioners, and health coaches, collaborates to improve community well-being through integrated service delivery, research, advocacy, and training.

To learn more about our work, please visit our website (<https://hia.org.hk>) or Facebook page (<https://www.facebook.com/HIAHK/>).

#### **About Kwai Tsing Community Health Management Hub**

The Kwai Tsing Community Health Management Hub is a primary healthcare programme that integrates both social and medical services with social prescribing, offering “one-stop” holistic health management support, lifestyle medicine, and social prescriptions to residents in the Kwai Tsing district. The Hub aims to empower individuals to enhance their health literacy, strengthen self-management of chronic conditions, and build long-term healthy habits.

#### **Key Responsibilities:**

- Lead the design and development of community pain management services that address the physical and social aspects of chronic pain.
- Conduct comprehensive assessments of service users' physical conditions and chronic pain, considering social determinants influencing health outcomes.
- Develop personalized, motivational pain management plans to enhance service users' ability to self-manage their conditions.
- Integrate social prescribing by connecting service users with community resources, interest groups, social activities, and support networks that foster overall well-being.
- Collaborate with the team to design and implement outreach initiatives promoting healthy workplaces, schools, and community environments.
- Coordinate and partner with external organizations, including NGOs, schools, workplaces, and local businesses, to support health-related programmes.
- Provide targeted education and exercise prescriptions focusing on injury prevention, fall prevention, and promoting healthy lifestyles.
- Work closely with a transdisciplinary team to organize and oversee physiotherapy and health management programmes tailored to community needs.
- Stay informed of the latest evidence-based research and trends to improve service delivery continuously.

- Offer professional advice, guidance, and training to internal staff and stakeholders for enhanced service quality.
- Perform additional duties as assigned by Health In Action delegates.

**Requirements:**

- Degree in Physiotherapy or equivalent.
- Certificate of Registration (Part 1a) with a valid practicing certificate issued by the Physiotherapists Board of Hong Kong.
- Postgraduate qualification or certification in Acupuncture is a plus.
- A minimum of 2 years of experience in a community or primary healthcare setting, with a proven ability to contribute to overall service development.
- Strong ability to build and maintain rapport with clients.
- Patience and tolerance in client interactions.
- Proficient in common computer applications, including Google Workplace and MS Office
- Proficiency in English, Cantonese, and preferably Mandarin.
- Experience in community or primary healthcare settings is highly desirable.
- Strong interpersonal skills with a genuine commitment to social awareness and community engagement.
- Motivated to empower service users through innovative, holistic health approaches.

**Job Highlights:**

- Full-time position: 5-day work (45 work hours including lunch)
- Workplace location: Close to Kwai Hing MTR Station (5-minute walk distance)
- We offer a competitive remuneration package including:
  - 15-day annual leave (increasing 1 day per year)
  - Study leave
  - Birthday leave
  - Maternity /Paternity leave
  - Marriage leave
  - Compassionate leave
  - Family care leave
  - Training allowance
  - Medical & dental subsidy scheme

**Application Deadline: 4 February 2026 or until the position is filled.**

Interested candidates may send their resume, current & expected salary, and the earliest availability to [hr@hia.org.hk](mailto:hr@hia.org.hk).

**Personal Information Collection Statement**

Data collected will only be used for application processing. Applicants not contacted by Health In Action within four weeks of the application may assume that their applications are unsuccessful. All personal data collected will be kept for 12 months from the application closing date and will be destroyed thereafter.