



Health In Action

Brief Description of Health In Action:

Health In Action (HIA) is a non-profit organization and registered charitable organization in Hong Kong since its establishment in 2011. Ove vision is to achieve health for everyone in the society. Our transdisciplinary team includes nurses, physiotherapists, pharmacists, dietitian, social workers and health coaches. We aspire to promote a health city in Hong Kong through cycles of service, research, advocacy, and nurture. You can also visit our website <https://hia.org.hk> for further information.

Kwai Tsing Community Health Management Hub

Kwai Tsing Health Management Hub is a primary healthcare programme comprising social and medical service. It provides “one-stop” health management service to the citizens in Kwai Tsing district, aiming at enhancing the health knowledge and ability to self-manage disease.

Position title: Health Coach (Ref: HCC_HC_202409)

Key responsibilities:

- Conduct health assessments, screenings, counselling, education and health enabling programmes for service users in outreach and centre settings.
- Design and execute health promotion and primary prevention programmes according to the client's needs.
- Assure client’s safety during gym session or physiotherapy service.
- Manage scheduling and service referrals.
- Compile service and activity statistics, and assist in the maintenance of the information management systems.
- Facilitate communications with and among target service users, caregivers, and support groups.
- Produce public health communication messages with health enabling and risk control elements.
- Undertake other duties as assigned by HIA.

Requirements:

- Degree holder in health-related, sport-related, social science or social service programme or equivalent.
- Certificate in personal training / stretching & flexibility / meditation/ body awareness /physiotherapy assistant is an advantage.
- Ability to build and maintain rapport with clients.
- Self-motivated, flexible, passionate in community engagement, strong self-initiative, and reliable with good interpersonal skills.
- Excellent communication skills and open to working in a diverse and multicultural environment.
- Fluent in spoken and written Chinese, English.

Job Highlights

- Full-time position: 5-day work (45 work hours including lunch). 1-2 night shifts until 9 pm on weekdays per week, 1-2 shift duties on weekend per month are required
- Workplace location: Close to Kwai Hing MTR Station (5-minute walk distance)
- We offer a competitive remuneration package including:
 - 15-day annual leave (increasing 1 day per year)
 - Study leave
 - Birthday leave
 - Maternity /Paternity leave
 - Marriage leave
 - Compassionate leave
 - Family care leave
 - Training allowance
 - Medical & dental subsidy scheme

Application Deadline: 25 October 2024 or until the position is filled, whichever is earlier

Interested candidates may send their resume, current & expected salary, and the earliest availability to hr@hia.org.hk.

Personal Information Collection Statement

Data collected will only be used for application processing. Applicants not contacted by Health In Action within four weeks of the application may assume that their applications are unsuccessful. All personal data collected will be kept for 12 months from the application closing date and will be destroyed thereafter.